

Sports Camps

2010

- All-Day / Extended
- Baseball & Softball
- Basketball
- Cheer & Dance
- Conditioning
- Fencing

- Golf
- Field Hockey
- Football
- Gymnastics
- In-Line Hockey
- Jump Rope

- Lacrosse
- Multi-Sport
- Soccer
- Tennis
- Volleyball
- Wrestling



When I say "good," you say "neighbor."

Kate Haislip, State Farm Agent 10194 Baltimore National Pike Ellicott City, MD 21042 410-418-8402 katehaislip@katesinsurance.com

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Additional Summer Camp Offerings:

For information on Adventure, Archaeology, Arts & Crafts, Childcare, Cooking, Dance, Drama, History, Language, Music, Nature, Preschool, Science, Technology, Teens, Therapeutic and more, please visit our website at www.howardcountymd.gov/RAP.

What to Know

Registration

Phone: 410-313-7275, M-F 8am-4:30pm Online: www.howardcountymd.gov/RAP

In Person: M-F 8am-4:30pm 7120 Oakland Mills Rd. Columbia, MD 21046 Fax: 410-313-4660

Include payment with your registration form: a check or money order, payable to the Director of Finance, Howard County; or credit card information (VISA, MasterCard, Discover, American Express).

The finance office will add a \$35 charge for any returned check.

Extended Camp

We have included a variety of camps that have the symbol * by the course number as a reference to the Summer Mix Extended Camp. This option is only available for the specified camp sections. Register for the week that corresponds to your child's summer camp. Fee includes after camp care and transportation. For more information, see page 5.

Inclement Weather

Howard County Recreation & Parks strives to operate regardless of weather (canceling is our last resort). Most camps are outdoors in parks, so parents should consider the weather impact on their child before sending them to camp. To check the status of your child's camp please call our Program Status Line at 410-313-4451.

Refund Policy

We recognize that you may wish to withdraw from a program for a variety of reasons, but our policy encourages early decisions so as to not inconvenience other participants or affect our ability to efficiently deliver services. Unless otherwise noted, all refund requests are subject to a minimum 20% administrative fee. Additional fees may be assessed to recover costs associated with the camp. There are no refunds for missed sessions.

General Information

Program information provided in this booklet is tentative. Locations at Howard County schools have not yet been confirmed.

Howard County Recreation & Parks CAMP STANDARDS

The Howard County Department of Recreation & Parks is dedicated to providing outstanding summer camps for the youth of Howard County. To achieve this goal we place value on children by offering exciting camp experiences with an emphasis on safety, convenience and affordability. The Department is committed to providing a superior level of service while maintaining the highest level of safety standards possible. All Howard County Department of Recreation and Parks Sports Camps abide by our camp standards. The standards include:

- \checkmark Maintain the established staffing ratios appropriate for each camp.
- \checkmark Conduct weekly fire and emergency drills.
- \checkmark Follow safety procedures with daily check-in and check-out of participants.
- \checkmark All camp directors are over 21 years of age.
- \checkmark At least one camp staff member must be CPR and First Aid certified.
- \checkmark No peanut or nut products are allowed in camp.

Sports Camps

All-Day/Extended Camp

Summer Mix Camp

5-13 yrs / 1 wk, start dates & prices below Choose the full day program or add the extended option to your morning sports or activity camp! Campers will follow an exciting daily rotation selecting activities of their choice. Sessions include a variety of sports, crafts, nature or games. Full-day participants may be checked in after 8am and must be picked up by 6pm. Extended camp participants will be picked up at their camp location and transported to the extended camp location. Parents must pick up campers by 6pm. All camps eligible for extension will include a reference to the Summer Mix Camp in their description. Register for the week that corresponds to your child's summer camp. For the full-day program, bring a snack, lunch and beverage (no nut products). For more information, call Mark Pendleton at 410-313-4703.

Full Day / \$230

RP7000.852	Jeffers Hills ES	Jun 28	8am-6pm	M-F
RP7000.853	Jeffers Hills ES	Jul 5	8am-6pm	M-F
(Mon 7/5 at N	/leadowbrook Ath	Comp)		
RP7000.854	Jeffers Hills ES	Jul 12	8am-6pm	M-F
RP7000.855	Jeffers Hills ES	Jul 19	8am-6pm	M-F
DD7000 054	Inffore Hille ES	Jul 26	Oam Anm	ME

RP7000.856 Jeffers Hills ES Jul 26 8am-6pm M-F RP7000.857 Jeffers Hills ES Aug 2 8am-6pm M-F RP7000.858 Jeffers Hills ES Aug 9 8am-6pm M-F

Extended Day / \$155
RP7000.802 Jeffers Hills ES Jun 28 noon-6pm M-F
RP7000.803 Jeffers Hills ES Jul 5 noon-6pm M-F
(Mon 7/5 at Meadowbrook Ath Comp)
RP7000.804 Jeffers Hills ES Jul 12 noon-6pm M-F

| RP7000.805 | Jeffers Hills ES | Jul 19 | noon-6pm | M-F | RP7000.806 | Jeffers Hills ES | Jul 26 | noon-6pm | M-F | RP7000.807 | Jeffers Hills ES | Aug 2 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Jul 19 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Jul 19 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Jul 19 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Jul 19 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Jul 19 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Jul 19 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | M-F | RP7000.808 | Jeffers Hills ES | Aug 9 | noon-6pm | Aug 9 | N



Baseball/Softball

Bases Loaded

6-13 yrs / 4 days, start dates below / \$159

Learn to play baseball through a fun day of "station rotation" where you learn specialized skills in each area, then finish the day with controlled practice games to work on real game scenarios and situations. All instructors are current or former college players or coaches. "Extend your hours with HC Summer Mix Camp; see page 5. For more information, contact Sandra Lambert, 410-313-4715.

 RP7053.801*
 Cedar Lane Pk-West
 Aug 9
 9am-1pm
 M-Th

 RP7053.802*
 Cedar Lane Pk-West
 Jul 26
 9am-1pm
 M-Th

 RP7053.803*
 Cedar Lane Pk-West
 Aug 2
 9am-1pm
 M-Th

 RP7053.804*
 Kiwanis Wallas Pk
 Jun 28
 9am-1pm
 M-Th

 RP7053.805
 Western Regional Pk
 Jul 12
 9am-1pm
 M-Th

Rich Jenkins' Baseball School

5-15 yrs / 1 wk, start dates & prices below Have fun developing your baseball skills. Be better prepared for your next baseball season and ready to make the team! Receive instruction from County coaches, teachers, and varsity players. Camp is directed by Coach Rich Jenkins, with five County championships leading Howard High School's varsity teams. At each camp, we provide small group instruction, so each player gets the attention and instruction needed. Campers will be grouped according to IMPROVE. Adjustments will be made to keep the teams as competitive as possible. *Extend your hours with HC Summer Mix Camp: see page 5. For more information, contact Sandra Lambert, 410-313-4715.

5-8 yrs Introduction for first time players or less than two years of organized baseball league team play / \$159

RP7052.802* Kiwanis Wallas Pk Jul 5 9am-noon M-F RP7052.811 Rockburn Pk, Jul 19 9:30am-12:30pm M-F

7-9 yrs Rookie League for players with 2 years in organized baseball leagues / \$159

RP7055.802* Kiwanis Wallas Pk Jul 5 9am-noon M-F RP7052.812 Rockburn Pk Jul 19 9:30am-12:30pm M-F

8-15 yrs Advanced for skilled players with 2+ years of organized baseball league play / \$189

read baseball league play / \$189 RP7052.821 Rockburn Pk Jul 19 9:am-2:pm M-F Baseball / Softball Basketball



Rich Jenkins' Hitting Camp

8-16 yrs / 1 wk starting Jul 5 / \$170

Make better contact, hit the ball harder and become a better hitter. Instruction is comprised of Howard County coaches, teachers, and varsity players. Training includes your own training tape to take home for future use. For more information contact Sandra Lambert, 410-313-4715. RP7057.801 Kiwanis Wallas Pk 9:30am-12:30pm M-F

Mike Lerner's Pitchers & Catchers

8-16 yrs / 1 wk, start dates below / \$185

Prepare for the upcoming season by getting hands-on instruction from Mike Lerner, Hammond High Baseball Head Coach, and other local coaches and college players. No two players are alike, so this camp focuses on each player's strengths and style. Each player will star in their own training video tapes to take home. Indicate pitching oratching when registering. *Extend your hours with HC Summer Mix Camp: see page 5. For more information, contact Sandra Lambert, 410-313-4715.

7054.801* Cedar Lane Pk-West Jul 12 9am-noon M-F 7054.802* Kiwanis Wallas Pk Jul 26 9am-noon M-F

Softball Academy for Girls

8-16 yrs / 1 wk, start dates below / \$149

Expect a complete, competitive softball camp experience while learning from and practicing with local coaches and players. Whether you are a first-time softball player in need of the basics of pitching and hitting or a more experienced athlete preparing for the upcoming season, this camp offers instruction for all levels of play. *Extend your hours with Summer Mix Camp; see page 5. For more information, call Sandra Lambert at 410-313-4715.

Kiwanis Wallas Pk

RP7731.802* Jul 12 9am-1pm M-F

Basketball

Super Hoops Basketball

8-13 yrs / 4 days, start dates below / \$81

We put the fun in FUNdamentals. Improve your basic or intermediate basketball skills. Coaches will use a variety of creative drills, challenging exercises, exciting games, scrimmages and more to help you elevate your game. Make up first rain cancellation on Friday. Fee includes a tee shirt. *Extend your hours with HC Summer Mix Camp; see page 5. For more information, call Matthew Knoerlein at 410-313-4705

4/05.				
RP7011.802	River Hill HS	Jun 28	9:30am-noon	M-Th
RP7011.803	Western Reg Pk	Jul 5	9:30am-noon	M-Th
RP7011.804*	Cedar Lane Pk-East	Jul 12	9:30am-noon	M-Th
RP7011.805*	Cedar Lane Pk-East	Jul 19	9:30am-noon	M-Th
RP7011.806*	Centennial Pk-West	Jul 26	9:30am-noon	M-Th
RP7011.807*	Centennial Pk-West	Aug 2	9:30am-noon	M-Th

Super Hoops Full Day Basketball

10-14 yrs / 1 wk starting Aug 9 / \$299

Camp will be indoors at the new Meadowbrook Athletic Complex! Bring lunch (no nut products), reusable water bottle and a basketball. Fee includes tee shirt. For more information, call Derek Ludlow at 410-313-4716.

RP7084.801 Meadowbrook Ath Comp 8:30am-6pm M-F



Basketball & Swim

Grades 3-9 / 1 wk / Start dates & prices below Improve your basic and intermediate basketball skills in a positive and well-organized learning environment. After playing on the court, cool off with a daily dip in the pool. *Extend your hours with HC Summer Mix Camp; see page 5. Extended swim option available for the weeks of Jun 28 and Aug 9; campers will remain at the pool and must be picked up no later than 5pm. For more information, call Julija Sajauskas at 410-313-2765.

Basketball & Swim / \$187

RP7088.801 Roger Carter Rec Ctr Jun 28 9am-2pm M-F

RP7088.802* Cedar Lane PK–East Jul 5 9am-2pm M-F

RP7088.803 Roger Carter Rec Ctr Aug 9 9am-2pm M-F

Extended Swim Option / \$237

RP7088.811 Roger Carter Rec Ctr Jun 28 9am-5pm M-F RP7088.813 Roger Carter Rec Ctr Aug 9 9am-5pm M-F



Cheer & Dance

See Gymnastics for more cheerleading camps.

Bring It On Cheerleading and Dance by Spirit Unlimited Cheer & Dance

6-17 yrs / 1 wk, start dates below / \$140

Show your enthusiasm learning the fundamentals of cheerleading and dance, learning creative dances, cheers, partner stunts, sidelines, proper safety and technique and more! Benefit from the expertise of staff directed by former NFL and collegiate cheerleaders. Fee includes a camp tee shirt. For more information, call Susan Markovitz at 410-313-4674.

RP7161.801 Hammond HS Jun 28 9am-1pm M-F RP7161.802 Long Reach HS Jul 19 9am-1pm M-F

Conditioning

See Football and Soccer for more conditioning camps.

Speed and Agility for Sports

8-13 yrs / 1 wk starting Jul 19 / prices below No matter what level athlete you are, this camp will improve your speed, explosiveness, footwork and coordination. Enjoy this challenging and motivating camp, get back to the basics of being a solid athlete. For more information, call Nicola Morgal at 410-313-4718.

8-10 yrs / 1 hr / \$119 RP7665.801 Axis Sports Tng Facil 12:30-1:30pm M-F 11-13 yrs / 1.5 hrs / \$169 RP7665.811 Axis Sports Tng Facil 1:30-3:00pm M-F

17th Annual HC All-Star Track & Field Camp

Grades 3-9 / Jun 28 / 1 wk / \$140

Have fun while learning and participating in everything from sprints to thrilling field events. Participants will be given the opportunity to try every event and the week will conclude with an exhibition meet. Fee includes tee shirt. Camp is instructed by nationally certified coaches.

RP7663.801 Long Reach HS 8:30am-12:30pm M-F

Fencing

Fencing

7-14 yrs / 1 wk, start dates below / \$120 En garde! Campers at the beginning and intermediate level can learn the footwork, sword skills, rules, and code of conduct necessary for a successful fencing bout. Fee includes use of sword, protective jacket, mask and glove. For more information, call Pam Honaker at 410-313-1694.

Schooley Mill	l Pk		
RP8835.801	Jun 28	9am-11:30am	M-F
RP8835.802	Jun 28	1-3:30pm	M-F
RP8835.803	Jul 12	9am-11:30am	M-F
RP8835.804	Jul 12	1-3:30pm	M-F
RP8835.805	Aug 2	9am-11:30am	M-F
RP8835.806	Aug 2	1-3:30pm	M-F

Field Hockey

Field Hockey with Kristy Hartman

8-17 yrs / 4 days, start dates & prices below Programs are directed by Kristy Hartman Mumma, UMBC alumnae, former FUTURES (U-14/16/19) and Div. I college coach. Kristy brings her passion for field hockey and true love of sports to each program. Fee includes tee shirt. For more information, call Susan Markovitz at 410-313-4674.

8-14 yrs - Beginner / Jun 28 / \$97

This camp is designed for players with little or no experience. Instruction will focus on development of basic skills of possession, passing, receiving and shooting on goal. *Extend your hours w/ HC Summer Mix Camp; see page 5. RP7261.801* Centennial Park-West 9am-noon M-Th

10-14 yrs - Intermediate / Jul 12 / \$97

This camp is designed for players with some instructional level or high school JV experience. Instruction will focus on continued development possession, passing, receiving and shooting on goal. Field positioning, small group and team play will also be included.

RP7261.811 Rockburn Pk-Turf Field 5 9am-noon M-Th

13-17 yrs - High School Development / Aug 2 / \$144

Players with Rec League, Travel League, JV or Varsity team experience will benefit from this intense hockey program. Instruction will focus on the mastery of individual skills, while building game knowledge in attacking sequences, specific number situations, defensive situations, set pieces and team play. Coaches will be former or current college coaches and players. If you want to step up your game to the next level, this is the camp for you! Teams or partial teams are welcome. Bring nonperishable lunch (no nut products).

RP7261.821 Cedar Lane Pk West-Turf Field 6 9am-2pm M-Th



Football

Football Pre-Season Conditioning

Learn speed, agility and conditioning drills to help prepare for the upcoming football season as well as position-specific drills taught by Howard County college and high school football players. Learn starts and acceleration techniques, increase agility, first-step explosion, and decrease reaction time. Increase functional flexibility and explosive power. Reduce the risk of injury by learning proper athletic movement mechanics. Increase endurance and stamina. For more information, call Nicola Morgal at 410-313-4718.

Evening Camp—County Fields 6 days starting Jul 12 / \$179 7-10 yrs RP7668.801 5:30-7:00pm M.W.&

7-10 yrs RP7668.801 5:30-7:00pm M, W & F 11-13 yrs RP7668.802 7:00-8:30pm M, W & F

Evening Camp—County Fields 3 days / Start dates below / \$100

7-10 yrs RP7668.821 July 12 5:30-7:00pm M, W & F 7-10 yrs RP7668.831 July 19 5:30-7:00pm M, W & F 11-13 yrs RP7668.822 July 12 7:00-8:30pm M, W & F 11-13 yrs RP7668.832 July 19 7:00-8:30pm M, W & F

Morning Camp—Axis Sports Training Facility 8 sessions starting Jul 13 / \$172

7-9 yrs RP7668.811 9:30-10:30am Tu & Th 9-11 yrs RP 7668.812 10:30-11:30am Tu & Th

HC Youth Instructional Football 7-10 yrs / 1 wk starting Jul 12 / \$115

This non-contact football camp prepares players on the fundamentals of tackle football, in a positive and safe learning environment. Novice players will learn basic skills while having fun. Experienced players will work on specific skills

to reach the "next level this fall". Camp covers passing, receiving, blocking, kicking, and offensive/defensive line play. Participate in daily run and shoot games. Camp is directed by local Howard County High School football coaches. "Extend your hours with HC Summer Mix Camp; see page 5. For more information contact Sandra Lambert, 410-313-4715.

RP7301.801* Wilde Lake HS 9am-noon M-F

HC Youth Advanced Football

10-16 yrs / 1 wk starting Jul 19 / \$130

This non-contact football camp provides instruction that challenges experienced players and effectively introduces newcomers to the game. Focus on reinforcing fundamental skills, while leaning new techniques to improve your game. Conditioning and coordination drills will help players explode out of their stance and improve overall skills. NEW THIS YEAR—kickers and punters will get individual instruction by varsity high school coaches on kicking techniques through a variety of kicking drills. Use learned skills in run-and-shoot touch games. Camp is directed and instructed by local Howard County High School football coaches. *Extend your hours with HC Summer Mix Camp; see page 5. For more information contact Sandra Lambert, 410-313-4715.

RP7301.811* Wilde Lake HS 9am-noon M-F

Flag Football

7-14 yrs / 4 days, start dates below / \$101

This is a non-contact football camp designed to introduce beginner players to flag football basics, and hone the skills of intermediate players. Work on passing, catching, running routes and general offensive and defensive schemes (no blocking/tackling drills). Daily scrimmages. Fee includes a tee shirt. *Extend your hours with HC Summer Mix Camp; see page 5. For more information, call Matthew Knoerlein at 410-313-4705.

7 10 yrs				
RP7305.801*	Centennial West	Jul 19	9am-noon	M-Th
RP7305.802*	Cedar Lane West	Jul 26	9am-noon	M-Th
RP7305.803	Rockburn Pk	Aug 2	9am-noon	M-Th
RP7305.804	Western Reg Pk	Aug 9	9am-noon	M-Th

11-14 yrs				
RP7305.811*	Centennial Pk West	Jul 19	9am-noon	M-Th
RP7305.812*	Cedar Lane West	Jul 26	9am-noon	M-Th
RP7305.813	Rockburn Pk	Aug 2	9am-noon	M-Th
RP7305.814	Western Reg Pk	Aug 9	9am-noon	M-Th

Golf

7.10 vrs

Junior Golf Camp

Grades 3-8 / 3 days, start dates below / \$95
This program is an introduction to the basic concepts and fundamentals of golf: grip, aim, alignment, stance, posture and swing as they relate to putting, chipping, pitch shots, iron play and tee shots. No experience necessary, equipment will be provided. Fee includes tee shirt. For more information, call Tessa Hurd at 410-313-4637.

Timbers at Troy Golf Course				
Jun 28	8:30-11am	M-W		
Jul 5	8:30-11am	M-W		
Jul 12	8:30-11am	M-W		
Jul 19	8:30-11am	M-W		
Jul 26	8:30-11am	M-W		
	Jun 28 Jul 5 Jul 12 Jul 19	roy Golf Course Jun 28 8:30-11am Jul 5 8:30-11am Jul 12 8:30-11am Jul 19 8:30-11am Jul 26 8:30-11am		

Gymnastics

Visit www.howardcountymd.gov/RAP for information on other Gymnastics camps offered this summer.

Tumbling for Cheerleading

Grades 1-12 / 1 wk, start dates below / \$174 Beginner to experienced cheerleaders will focus on strength, flexibility, partner stunts, tumbling and more in the comfort of an air-conditioned, fully equipped gymnastics facility. For more information, call Megan Freer at 410-313-4720.

Grades 1-5

RP7353.801 Columbia Gymnastics Aug 9 1pm-4pm M-F

Grades 6-12

RP7353.811 Columbia Gymnastics Aug 9 1pm-4pm M-F

In-Line Hockey

In-Line Hockey

6-14 yrs / 4 days starting Jun 28 / \$139 Young players get an opportunity to learn basic techniques include crossovers, stopping, balance, turning and body position. More experienced players will work on honing skills for the next level. Then, apply what you learn in daily scrimmages. In-line skates and all equipment required. Co-

sponsored with Play It Again Sports. For more information,

call Sandra Lambert at 410-313-4715. RP7441.801 Alpha Ridge Pk 9am-1pm M-Th

Jump Rope

Jump Rope by Kangaroo Kids 6-16 yrs / 1 wk starting Jul 12 / \$133

Want to learn basic single rope, Double Dutch and long rope skills? You will improve your cardio-respiratory endurance, balance, coordination and muscular strength. *Extend your hours with HC Summer Mix Camp: see page 5. For more information, call Tessa Hurd at 410-313-4637. RP7360.801* Meadowbrook Ath Comp 9am-noon M-F RP7360.802 Meadowbrook Ath Comp 1pm-4pm M-F

Lacrosse

Lacrosse Camp for Boys with Tim Puls Grades 5-11 / 4 days starting Jun 28 / \$155

Learn offensive and defensive techniques, strategies and proper stick skills. Camp is led by Tim Puls, Asst. Coach for Stevenson University and 15 time Maryland Junior Coach of the Year. For more information, call Patrick McGinnis at 410-313-1689.

RP7501.801 Cedar Lane Park 9:30am-noon M-Th

Elite Lacrosse for Boys

Grades 5-12 / 4 days starting Jul 5 / \$155

This camp utilizes a hands-on approach with the aspect of learning a sport by playing. Learn rules, positions, proper offensive and defensive techniques while participating in situational drills and competing in real games. Goalies welcomed. For more information, call Patrick McGinnis at 410-313-1689.

RP7502.801 Rockburn Br Pk-Landing Rd 9:30am-1pm M-Th

Introduction to Lacrosse for Boys

6-10 yrs / 4 days, start dates below / \$99
First-time players or those wanting to improve fundamental skills can focus on lacrosse basics. Program includes stick work, shooting, ground balls and basic lacrosse concepts. Fee includes tee shirt and rental of all equipment. Bring mandatory mouth guard. Friday is reserved as a rain date.

*Extend your hours with HC Summer Mix Camp; see page 5. For more information, call Patrick McGinnis at 410-313-1689

6-8 yrs / Cedar Lane Pk-West

RP7505.801* Jun 28 9:30am-noon M-Th RP7505.802* Jul 5 9:30am-noon M-Th

RP7505.803* Jul 12 9:30am-noon M-Th

6-8 yrs / Western Reg Pk RP7505.804 Jul 19 9:30am-noon M-Th

8-10 yrs / Cedar Lane Pk-West

RP7505.811* Jun 28 9:30am-noon M-Th RP7505.812* Jul 5 9:30am-noon M-Th

RP7505.813* Jul 12 9:30am-noon M-Th

8-10 yrs / Western Reg Pk RP7505.814 Jul 19 9:30am-noon M-Th

Shooting Stars Lacrosse for Girls with Erin McGinnis-Schade

Grades 4-12 / 1 wk starting Jul 5 / \$155 Novice or experienced players can build fundamental skills and enjoy one of the fastest games on foot. Receive instruction in proper stick handling, offensive and defensive techniques and strategies from some of the country's top college coaches & players. Fee includes tee shirt. *Extend your hours w/ HC Summer Mix Camp: see page 5. For more information, call Patrick McGinnis at 410-313-1689. RP7503.801* Cedar Lane Pk-West 9am-1pm M-F

Monica Yeakel's Lacrosse for Girls

Grades 4-12 / 1 wk starting Jul 19 / \$155
This camp will provide athletes with the opportunity to become better lacrosse players by learning from the best coaches and players in the game today. In this great teaching camp for any level of play, you will come away with a new passion and excitement for the game. *Extend your hours with HC Summer Mix Camp; see page 5. For more information, call Patrick McGinnis at 410-313-1689.

RP7504.801* Cedar Lane Pk – West 9am-1pm M-F

9

D1 All-Star Girl's Lacrosse

7-13 yrs / 1 wk starting Jul 12 / \$155 Top-level lacrosse skills provided by Kristy Black and Alayna Markwordt, both All-American athletes from Howard County. Stick skills, competitions, water balloon toss, games, drills and contests all in one fun-filled, actionpacked camp! Mandatory equipment: stick, mouth guard, goggles, water bottle. For more information, call Patrick McGinnis at 410-313-1689.

Introduction to Lacrosse for Girls

RP5512.801 Western Regional Pk 9am-1pm M-F

6-10 yrs / 4 days, start dates below / \$99 First-time players or those wishing to improve skills can focus on lacrosse fundamentals. Program includes stickwork, shooting, ground balls and basic lacrosse concepts. Fee includes tee shirt and rental of stick and protective eyewear. Bring mandatory mouth guard. Friday is reserved as a rain date *Extend your hours with HC Summer Mix Camp: see page 5. For more information, call Patrick McGinnis at 410-313-1689.

Ages 6-8 / Cedar Lane Pk-West RP7506.801* Jun 28 9:30am-noon M-Th RP7506.802* Jul 5 9:30am-noon M-Th RP7506.803* Jul 12 9:30am-noon M-Th

Ages 6-8 / Western Reg Pk RP7506.804 Jul 19 9:30am-noon M-Th

Ages 8-10 / Cedar Lane Pk-West RP7506.811* Jun 28 9:30am-noon M-Th RP7506.812* Jul 5 9:30am-noon M-Th RP7506.813* Jul 12 9:30am-noon M-Th

Ages 8-10 / Western Reg Pk RP7506.814 Jul 19 9:30am-noon M-Th



Multi-Sport

Camp Minihaha

Camp includes story and snack time, sports-related arts and crafts, special theme days and sports-specific activities for basketball, soccer, tee ball and other sports. Camp will run rain or shine: activities occur indoors and outdoors. Staff does not change diapers. No camp 7/5. For more information, call Pam Honaker at 410-313-1694.

3-4 yrs / 4 days / \$74 RP7003.801 Clarksville ES Jul 6 9am-noon Tu-F RP7003.802 Hollifield Station ES Jul 6 12:30-3:30pm Tu-F 3-4 yrs / 1 wk / \$93 RP7003.804 Clarksville ES Jun 28 9am-noon M-F RP7003.805 Clarksville ES Jul 12 9am-noon M-F RP7003.806 Clarksville ES Jul 19 9am-noon M-F RP7003.807 Clarksville ES Jul 26 9am-noon M-F 3-4 yrs / 1 wk / \$93 RP7003.809 Hollifield St. ES Jun 28 12:30-3:30pm M-F RP7003.810 Hollifield St. ES Jul 12 12:30-3:30pm M-F RP7003.811 Hollifield St. ES Jul 19 12:30-3:30pm M-F RP7003.812 Hollifield St. ES Jul 26 12:30-3:30pm M-F 5-7 yrs / 4 days / \$74

RP7003.813 Clarksville ES Jul 6 12:30-3:30pm Tu-F RP7003.814 Hollifield Station ES Jul 6 9am-noon

5-7 yrs / 1 wk / \$93 RP7003.816 Clarksville ES Jun 28 12:30-3:30pm M-F RP7003.817 Clarksville ES Jul 12 12:30-3:30pm M-F RP7003.818 Clarksville ES Jul 19 12:30-3:30pm M-F RP7003.819 Clarksville ES Jul 26 12:30-3:30pm M-F

5-7 yrs / 1 wk / \$93 RP7003.821 Hollifield Station ES Jun 28 9am-noon M-F RP7003.822 Hollifield Station ES Jul 12 9am-noon M-F RP7003.823 Hollifield Station ES Jul 19 9am-noon M-F RP7003.824 Hollifield Station ES Jul 26 9am-noon M-F

Sports Galore

5-13 yrs / 1 wk, start dates & prices below Join us for capture the flag, four square, kickball, basketball, spud, soccer and relays, combined with a daily splash in the pool. Extended swim option available for all weeks: campers will remain at the pool and must be picked up no later than 5pm. For more information, call Julija Sajauskas

at 410-313-2765 Basic Camp / 5-7 yrs / \$149

RP7009.801 Roger Carter Rec Ctr Jul 12 9am-2pm M-F RP7009.802 Roger Carter Rec Ctr Jul 26 9am-2pm M-F Extended Camp / 5-7 yrs / \$199

RP7009.811 Roger Carter Rec Ctr Jul 12 9am-5pm M-F RP7009.812 Roger Carter Rec Ctr Jul 26 9am-5pm M-F

Basic Camp / 8-13 yrs / \$149 RP7009.803 Roger Carter Rec Ctr Jul 12 9am-2pm M-F RP7009.804 Roger Carter Rec Ctr Jul 26 9am-2pm M-F

Extended Camp / 8-13 yrs / \$199 RP7009.813 Roger Carter Rec Ctr Jul 12 9am-5pm M-F RP7009.814 Roger Carter Rec Ctr Jul 26 9am-5pm M-F Multi-Sport Soccer



Ultimate Junior Sports & Games 5-7 yrs / 4 days, start dates below / \$77

Young athletes will develop their skills in basketball, flag football, kickball, tee ball, soccer, tennis and court hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities vary each week, so every session provides a unique experience. Instructors are American Sport Education Program-certified coaches. Fridays are reserved for rain dates. Fee includes a tee shirt. "Extend your hours with HC Summer Mix Camp; see page 5. For more information, call Matthew Knoerlein at 410-313-4705.

RP7002.802*	Cedar Lane Pk-East	Jun 28	9am-noon	M-Th
RP7002.803*	Centennial Pk-North	Jul 5	9am-noon	M-Th
RP7002.804*	Centennial Pk-North	Jul 12	9am-noon	M-Th
RP7002.805*	Meadowbrook Pk	Jul 19	9am-noon	M-Th
RP7002.806*	Cedar Lane Pk-East	Jul 26	9am-noon	M-Th
RP7002.807*	Cedar Lane Pk-East	Aug 2	9am-noon	M-Th
RP7002.808*	Cedar Lane Pk-East	Aug 9	9am-noon	M-Th

Ultimate Sports & Games

8-13 yrs / 4 days, start dates below / \$145

Using the games approach, you will develop your skills in basketball, flag football, kickball, lacrosse, touch rugby, wiffle ball, soccer, tennis, court hockey and disc games at this co-rec camp. Activities vary each week, so every session provides a unique experience. Instructors are American Sport Education Program-certified coaches. Fridays are reserved for rain dates. Fee includes a tee shirt. *Extend your hours with HC Summer Mix Camp; see page 5. For more information, call Matthew Knoerlein at 410-313-4705.

RP7001.802*	Cedar Lane Pk -East	Jun 28	9am-3pm	M-Th
RP7001.803*	Centennial Pk -North	Jul 5	9am-3pm	M-Th
RP7001.804*	Centennial Pk -North	Jul 12	9am-3pm	M-Th
RP7001.805*	Meadowbrook Pk	Jul 19	9am-3pm	M-Th
RP7001.806*	Cedar Lane Pk-East	Jul 26	9am-3pm	M-Th
RP7001.807*	Cedar Lane Pk-East	Aug 2	9am-3pm	M-Th
RP7001.808*	Cedar Lane Pk-East	Aug 9	9am-3pm	M-Th

Ultimate Sports & Games Full-Day

8-13 yrs / 1 wk, start dates below / \$265

Take the ULTIMATE camp (see Ultimate Sports & Games description) to the next level with this full-day session. Fee includes a tee shirt. For more information, call Matthew Knoerlein at 410-313-4705.

RP7004.801	Glenwood Com Ctr	Aug 16	8am-6pm	M-F
RP7004.802	Glenwood Com Ctr	Aug 23	8am-6pm	M-F
RP7004.803	Meadowbrook Ath Comp	Aug 16	8am-6pm	M-F
RP7004.804	Meadowbrook Ath Comp	Aug 23	8am-6pm	M-F

Soccer

Baltimore Blast Soccer Academy

5-16 yrs / 1 wk, start dates below / \$159 Campers learn the game, enhance their soccer skills, interact with pro players and learn the values of teamwork, diversity, responsibility and sportsmanship. Fee includes a soccer ball, academy tee shirt and four free youth tickets to different Baltimore Blast home games (mailed fall 2010, after team schedule is announced). For more information, call Derek Ludlow at 410-313-4716.

RP7702.802	Rockburn Pk	Jun 28	9am-noon	M-F
RP7702.801	Western Reg Pk	Jul 12	9am-noon	M-F
RP7702.803	Rockburn Pk	Jul 26	9am-noon	M-F

U. K. Elite Petite Mini Soccer Camp 3-5 yrs / 1 wk, start dates below / \$99

This is a taste of the U.K. Elite soccer experience or younger soccer players! Meet for 1½ hours each morning to experience fun and games designed to introduce the world's greatest of games. Fee includes tee shirt, soccer ball and certificate. Many new locations. For more information, call Derek Ludlow at 410-313-4716.

RP7704.801 RP7704.802 RP7704.803 RP7704.804 RP7704.805 RP7704.806 RP7704.806 RP7704.806 RP7704.810 RP7704.811 RP7704.811 RP7704.812 RP7704.813 RP7704.814 RP7704.814	Western Reg Pk Western Reg Pk Rockburn Br Pk Rockburn Br Pk Western Reg Pk Western Reg Pk Cedar Ln Pk East Cedar Ln Pk East Cedar Ln Pk East Cedar Ln Pk East Cedar Ln Pk East Western Reg Pk Western Reg Pk Rockburn Br Pk	Jun 14 Jun 21 Jun 28 Jun 28 Jun 28 Jul 5 Jul 15 Jul 12 Jul 19 Jul 19 Jul 26 Jul 26 Aug 2	9am-10:30am 10:30am-12:15pm 9am-10:30am 10:45am-12:15pm 9am-10:30am 10:45am-12:15pm 9am-10:30am 10:45am-12:15pm 9am-10:30am 10:45am-12:15pm 9am-10:30am 10:45am-12:15pm 9am-10:30am 10:45am-12:15pm 9am-10:30am	M-F M-F M-F M-F M-F M-F
RP7704.813 RP7704.814 RP7704.815 RP7704.816 RP7704.817	Western Reg Pk Western Reg Pk Rockburn Br Pk Rockburn Br Pk Cedar Ln Pk West	Jul 26 Jul 26 Aug 2 Aug 2 Aug 9	9am-10:30am 10:45am-12:15pm 9am-10:30am 10:45am-12:15pm 9am-10:30am	M-F M-F M-F M-F
RP7704.818 RP7704.819 RP7704.820	Cedar Ln Pk West Cedar Ln Pk West Cedar Ln Pk West	Aug 9 Aug 16 Aug 16	10:45am-12:15pm 9am-10:30am 10:45am-12:15pm	M-F M-F M-F

Soccer Tennis

U. K. Flite Soccer

5-14 yrs / 1 wk, start dates, course lengths & prices below

It's a World Cup year! Continue the celebration with U.K. Elite Soccer's professional British trainers who will use their "Global Curriculum" to take your child around the soccer world in five days. Learn skills from Brazil, France, Holland, Spain, Italy, Britain, and the U.S.A. using teaching methods upon which U.K. Elite built its reputation. The daily schedule includes highly stimulating maximum activity practices and games, ending in a mini-World Cup tournament. Curriculum is focused on improving every player regardless of age and ability. All players receive a camp tee shirt, Reebok soccer ball and detailed player evaluation. "Extend your hours with HC Summer Mix Camp: see page 5. For more information, call Derek Ludlow at 410-313-4716.

Half day / 5-14 yrs / \$159				
RP7705.801 Rd	ockburn Br Pk	Jun 21	2pm-5pm	M-F
RP7705.802 We	estern Reg Pk	Jun 28	9am-noon	M-F
RP7705.803* Ce	edar Lane Pk-East	Jul 5	9am-noon	M-F
RP7705.804* Ce	edar Lane Pk-East	Jul 12	9am-noon	M-F
RP7705.805* Ce	edar Lane Pk-East	Jul 19	9am-noon	M-F
RP7705.806 W	estern Reg Pk	Jul 26	9am-noon	M-F
RP7705.807 Rd	ockburn Br Pk	Aug 2	9am-noon	M-F
RP7705.808* Ce	edar Lane Pk-West	Aug 9	9am-noon	M-F
RP7705.809 Ce	edar Lane Pk-West	Aug 16	9am-noon	M-F
		-		
Full dov/7111v	rc / ¢2/E			

Full day / 7-14 yrs / \$245				
RP7705.810	Western Reg Pk	Jun 28	9am-3pm	M-F
RP7705.811 Cedar Lane Pk-East		Jul 5	9am-3pm	M-F
RP7705.812	Cedar Lane Pk-East	Jul 12	9am-3pm	M-F
RP7705.813	Cedar Lane Pk-East	Jul 19	9am-3pm	M-F
RP7705.814	Western Reg Pk	Jul 26	9am-3pm	M-F
RP7705.815	Cedar Lane Pk-West	Aug 9	9am-3pm	M-F
RP7705.816	Cedar Lane Pk-West	Aug 16	9am-3pm	M-F

Tennis

Junior Development Tennis with Shantha Chandra

7-13 yrs / 4 days, start dates below / \$77
Join us for an experience filled with a variety of drills and games leading up to an introduction to match play. Quick Start tennis format is taught to ages 10 & under. All participants will play in matches with scoring. Friday is first rain date. For more information, call Tessa Hurd at 410-313-4637.

RP7013.801	Alpha Ridge Pk	Jun 28	9-11am	M-Th
RP7013.803	Centennial Pk-West	Jul 5	9-11am	M-Th
RP7013.804	Centennial Pk-West	Jul 12	9-11am	M-Th
RP7013.805	Centennial Pk-West	Jul 19	9-11am	M-Th
RP7013.806	Centennial Pk-West	Jul 26	9-11am	M-Th
RP7013.807	Centennial Pk-West	Aug 2	9-11am	M-Th
RP7013.808	Centennial Pk-West	Aug 9	9-11am	M-Th



Junior USA Team Tennis with Shantha Chandra

10-15 yrs / 4 days, start dates below / \$77 Have fun refreshing basic ground strokes, serving and scoring followed by match play. Designed for the advanced beginner to intermediate level player. Friday is first rain date. For more information, call Tessa Hurd at 410-313-4637

Centennial Pk-West
RP7014.802 Jul 5 11:15am-1:15pm M-Th
RP7014.803 Jul 12 11:15am-1:15pm M-Th
RP7014.804 Jul 19 11:15am-1:15pm M-Th
RP7014.805 Jul 26 11:15am-1:15pm M-Th
RP7014.806 Aug 2 11:15am-1:15pm M-Th
RP7014.807 Aug 9 11:15am-1:15pm M-Th

Tennis & Swim

Grades 3-9 / 1 wk, start dates below / \$187 Players of all ability levels can learn and improve skills and techniques needed to enjoy tennis. After the lesson and match play, cool off with a daily dip in the pool at the Roger Carter Rec Center in Ellicott City. Children will be bused from Cedar Lane Park to the pool and return by bus to Cedar Lane Park by 2pm. Fee includes tee shirt and entrance to pool. *Extend your hours with HC Summer Mix Camp: see page 5. For more information, call Tessa Hurd at 410-313-4637.

Beginner-Advanced Beginner
RP7642.801* Cedar Lane Pk-East Jul 5 9am-2pm M-F
RP7642.802* Cedar Lane Pk-East Jul 12 9am-2pm M-F

Intermediate-Advanced RP7642.803* Cedar Lane Pk-East Jul 19 9am-2pm M-F

Volleyball

Performance Volleyball w/ Mike Bossom Grades 6-12 / 1 wk, start dates below / \$180 Instruction provided by Coach Mike Bossom, Goucher College's Head Volleyball Coach. Novice to experienced players can have fun while learning new skills, playing scrimmages and preparing for the fall, winter and highschool seasons. Instruction includes passing, setting, serving, hitting and blocking, the basics of team play, offense and defense. Before joining Goucher's coaching staff, Coach Bossom was head coach of the girl's volleyball team at Centennial High School in Ellicott City. During his 12 seasons there, he guided the Eagles to 214 wins and eight state championships, including five consecutive titles. Fee includes tee shirt. *Extend your hours with HC Summer Mix Camp; see page 5. For more information, call Julija Sajauskas at 410-313-2765.

Grades 6-8

RP7891.801* Meadowbrook Ath Comp Jun 28 9am-noon M-F RP7891.802* Meadowbrook Ath Comp Jul 5 9am-noon M-F

Grades 9-12

RP7891.811 Meadowbrook Ath Comp Jun 28 1-4pm M-F RP7891.812 Meadowbrook Ath Comp Jul 5 1-4pm M-F

Volleyball Academy

Grades 5-10 / 1 wk, start dates below / \$155 Designed for beginner/intermediate players, campers will improve existing skills and develop new ones. Learn skills such as passing, hitting, setting and serving. Instruction provided by Ofer Levy and a staff of local volleyball officials and coaches. For more information, call Julija Sajauskas at 410-313-2765.

 RP7891.821 Glenwood Com Ctr
 Jul 26 9am-noon M-F

 RP7891.822 Glenwood Com Ctr
 Aug 2 9am-noon M-F

 RP7891.823 Meadowbrook Ath Comp
 Aug 16 1-4pm

 M-F
 M-F

Wrestling

15th Annual Youth Wrestling Camp 8-14 yrs / 4 days starting Jun 28 / \$144

Learn the valuable skills, techniques, and drills needed to become a competitive wrestler in this camp geared for all skill levels. Camp is directed by a Howard County varsity coach of over 18 years. Learn the fundamentals – and some tricks – that will help keep your opponent on the mat. For more information, call Sandra Lambert at 410-313-4715.

RP7951.801 Mt. Hebron HS 9am-2pm M-Th

Get ready for... Extreme Recess!

NEW! Extreme Recess: Sports & Adventure Camp

9-12 yrs / 1 wk, start dates below / \$219

Experience a camp that is packed with "old school style" games, sports and new adventures that will send your child home happy and excited for the next day. This camp offers a variety of daily activities including swimming, kayaking, fishing, archery, basketball, volleyball, capture the flag, hiking and much, much more! Camp prerequisite: must be able to pass a basic swimming test. Schedule is subject to change – camp is held rain or shine. Fee includes bus or van transportation, supervision and activities. For more information, visit www.hcrpsports.com or call Dawn Thomas at 410-313-4623. RP9710.801 Meadowbrook Ath Comp Jun 28 9am-5pm M-F RP9710.802 Meadowbrook Ath Comp Aug 2 9am-5pm M-F

□ Male □ F	- emale		
Name of Registrant (or Parent/Guardian if under 18)	Date of Birth	Home Phone	
Street Address		Work Phone	
City State/Zip E-r	nail Address	ck if new information	
Emergency Contact: Name		Phone	
RP			
Course Number Program Title		Fee Enclosed	
	ys of Week Time	State Date	
Male _ F			
Name of Participant	Date of Birth	Age/Grade	
the following health concern(s) or disability; please check all that apply: Deaf/Hard of Hearing Vision Impairment Seizures Uses Mobility Aids (i.e. wheelchair, braces, etc.) Developmental Disability (i.e. autism, intellectual, etc.) Other (i.e. behavioral or emotional disorder, etc.) Allergies	 □ I agree to abide by all rules and regulations of the Howard County Department of Recreation and Parks. On behalf of myself and/or my child: I agree to hold Howard County, its employees, officials and agents harmless from any and all claims for damages unless due to the sole negligence of the County, its employees or agents. □ I hereby consent to my child's (children's) participation in this (these) programs. □ My child's immunizations are current. 		
Registration for course #needs	Signature	Date	
the following special accommodations: Inclusion Companion Deaf Interpretive Services Other	☐ Please add my name to the mail enclosed. Make checks payable to Director of	·	
Payment: Check Cash VISA MasterCard Discover American Express exp date: // / Credit Card #: / / / / Signature:	County. Mail to: Registration Howard County Recrea 7120 Oakland Mills Ro Columbia, MD 21046		
Print Name:	For office use only: Date rec'd Amt rec'd Initia	als	

What are YOU doing this SUMMER?









YOUR SUMMER FUN BEGINS OUTDOORS IN OUR ADVENTURE & NATURE CAMPS!

Improve self-esteem, develop outdoor skills and explore the natural environment in our summer camps. This season we are offering several exciting camps that are action-packed and full of fun that we're sure your child will love! Take a look at our full listing of summer camp offerings in our 2010 Summer Camp Guide online at www.howardcountymd.gov/RAP.

Adventure Camps

- · Adventures to Go
- Endless Adventures
- Extreme Recess: Sports & Adventure
- · Mountain Biking & Conservation
- Pedals & Paddles
- · Rock Climbing Camp
- Rock & River Adventure
- Shenandoah River Adventure
- Skateboard Camp
- Ultimate Adventure

Nature Camps

- Aquatic Eco-Explorers:
 Wild About Wetlands
- · "CSI" Nature Detectives
- Fishing Camp
- Full-Day Outdoor Escape
- Jr. Ranger Adventure
- Jr. Ranger Discovery
- Jr. Ranger Explorers
- Kinder Tykes Snails & Tales
- Time Away at the Bay
- Ultimate Fishing Tour



Howard County

RECREATION & PARKS 7120 Oakland Mills Road, Columbia, MD 21046

